## Navigating Care Options

Free Seminar at Aegis Living Galer

May 22nd from 1:00 - 2:30pm

## Nicole Amico Kane, MSW, LICSW,CMC

Director of Care Management at Aging Wisdom. Nicole brings two decades of experience to her work as a care manager. She meets with new clients and facilitates consultations with adult children who are seeking guidance on how best to navigate the complexities of supporting an aging parent. Additionally, Nicole provide¥our paragraph text supervision to the care management team. Her grounded and gentle spirit helps convey a sense of peace even in the most chaotic situation.



## QUEEN ANNE GALER

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## What we'll cover

- Common signs that someone needs more help.
- Why aging in place at home may not be optimal.
- Alternatives to care at home and an overview of care options
- Resources for additional help and guidance with your planning.
- Q&A
- Group Discussion

RSVP by using the contact information below.



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